

## Who Are We?

We are a group of Lincoln and regional organizations and Town departments and committees concerned about the well being of Lincoln's older residents. Members of our group include:

**Roger Paine**, *First Parish in Lincoln*

**Sarah Cannon Holden**, *representative of the Lincoln Board of Selectmen*

**John Ritz**, *Lincoln Commission on Disabilities*

**Pam Alberts and Carolyn Bottum**, *Lincoln Council on Aging*

**Arthur Cotoni**, *Lincoln Fire Department*

**Kevin Mooney**, *Lincoln Police Department*

**E.B. Larson**, *Protective Services, Minuteman Senior Services*

**Kate Malin, Nancy Torti and Patrick Ward**, *St. Anne's in-the-Fields Episcopal Church*

**Susan Bayard**, *St. Julia Parish of Weston and Lincoln*

## How We Can Help

A caregiver came to us when her mother moved to Lincoln from out of state. We referred her to in-home services so that the caregiver could continue to work and, just as importantly, set her mother up with rides and introductions to social activities around town so that she could make friends and truly become a part of Lincoln.

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A resident's caregiver called because her mother was coming home from the hospital and needed a wheelchair and other medical equipment. We were able to lend the equipment that day, helping her mother be safe at home and saving the resident hundreds of dollars.

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After an unexpected health crisis, a resident came to us because he was unable to work and pay his utility bills. We were able to pay enough of the bills so that he could then pay off the rest himself when he returned to his job.

# You are Not Alone



**If you are an older resident of Lincoln and you have concerns or needs causing you distress, let us help.**

**You may be caring for an elder husband, wife, or parent with dementia or severe physical needs. You may be concerned about your ability to keep up your home, do basic chores like shopping or housekeeping, or drive safely. Perhaps you are feeling overwhelmed at losses or changes in your life, find yourself by yourself and without anyone to talk to more than you want to be, or are worried at how you will make ends meet. You could have any one of many other concerns or needs and you either don't know where to turn or you don't want to bother anyone with your troubles. Many people and organizations in Lincoln want to help. If you have something on your mind that you could use some help with, call any one of these organizations and we will either help you or try to find who can. You do not need to be a member of a church to contact them for assistance or counsel.**

*Let us know how we can help!*

### **First Parish in Lincoln**

A community church with a covenant relationship with the Unitarian Universalist Association and the United Church of Christ

14 Bedford Road, Lincoln, MA 01773

781-259-8118;

[www.firstparishinlincoln.org](http://www.firstparishinlincoln.org)

[Rogerpaine@firstparishinlincoln.org](mailto:Rogerpaine@firstparishinlincoln.org)

*Roger Paine, Senior Minister*

### **Lincoln Commission on Disabilities**

Town committee addressing issues related to residents with disabilities

Town Offices, 16 Lincoln Road, Lincoln, MA 01773; [jjritz2148@gmail.com](mailto:jjritz2148@gmail.com)

*John Ritz, Member*

### **Lincoln Council on Aging,**

Town department serving older residents and their caregivers

15 Bedford Road, Lincoln, MA 01773

781-259-8811; [www.lincolncoa.org](http://www.lincolncoa.org)

[bottumc@lincolntown.org](mailto:bottumc@lincolntown.org)

### **Lincoln Fire Department**

Town department serving Lincoln residents in times of fire and other disasters

169 Lincoln Road, Lincoln, MA 01773

781-259-8111; [www.lincolntown.org/fire\\_dept](http://www.lincolntown.org/fire_dept)

[cotonart@lincolntown.org](mailto:cotonart@lincolntown.org)

*Arthur Cotoni, Chief*

### **Lincoln Police Department**

Town department providing policing services to create a safe and secure environment

169 Lincoln Road, Lincoln, MA 01773

781-259-8111; [www.lincolntown.org/police](http://www.lincolntown.org/police)

[moonekev@lincolntown.org](mailto:moonekev@lincolntown.org)

*Kevin Mooney, Chief*

### **Minuteman Senior Services**

Area Agency on Aging providing a wide variety of services to elders and caregivers

24 Third Ave., Burlington, MA 01803

888-222-6171; [www.minutemansenior.org](http://www.minutemansenior.org)

### **St. Anne's in-the-Fields Episcopal Church**

Episcopal Church

147 Concord Road, Lincoln, MA 01773

781-259-8834; [www.stanneslincoln.org](http://www.stanneslincoln.org)

[Kate@stanneslincoln.org](mailto:Kate@stanneslincoln.org)

[Patrick@stanneslincoln.org](mailto:Patrick@stanneslincoln.org)

*The Rev. Kate Malin, Rector*

*The Rev. Patrick Ward, Assistant Rector*

*Nancy Torti, Pastoral Care Liaison*

### **St. Julia Parish, Weston/Lincoln**

Roman Catholic Church

St. Joseph Church

142 Lincoln Road, Lincoln, MA 01773

781-899-2611; [www.stjulia.org](http://www.stjulia.org)

[sbayard@stjulia.org](mailto:sbayard@stjulia.org)

*Rev. George P. Evans, Pastor*

*Rev. Joseph M. Hennessey*

*Susan Bayard, Pastoral Associate for*

*Community Outreach*